

The National

# CONSUMER VOICE for Quality Long-Term Care

REFORM 2022 Annual Report PROT

# STAFF

# **OUR VISION AND MISSION**

The National Consumer Voice for Quality Long-Term Care (Consumer Voice) is the leading national voice representing consumers in issues related to long-term care, helping to ensure they are empowered to advocate for themselves. We are a primary source of information and tools for consumers, families, caregivers, advocates, and Ombudsman program representatives to help ensure quality care for the individual.

To carry out our mission, we:

- **Advocate** for public policies that support quality care and quality of life responsive to consumers' needs in all long-term care settings.
- **Empower** and **educate** consumers and families with the knowledge and tools they need to advocate for themselves.
- **Train** and **support** individuals and groups that empower and advocate for consumers of long-term care.
- **Promote** the critical role of direct-care workers and best practices in quality-care delivery.

The Consumer Voice envisions a world in which all consumers of long-term care, services, and supports are treated with respect and dignity and have a wide range of affordable, quality options across all settings. These options will make it possible for individuals to receive care and services in the location and manner of their choice and to attain a high quality of life.

#### Lori Smetanka

**EXECUTIVE DIRECTOR** 

#### **Robyn Grant**

DIRECTOR, PUBLIC POLICY AND ADVOCACY
(Retired July)

#### **Sam Brooks**

PROJECT MANAGER (Until July)

DIRECTOR, PUBLIC POLICY AND ADVOCACY

(Beginning July)

#### **Amity Overall-Laib**

DIRECTOR, NATIONAL LONG-TERM CARE OMBUDSMAN RESOURCE CENTER

#### Jocelyn Bogdan

SENIOR PROGRAM AND POLICY SPECIALIST

#### **Carol Scott**

MANAGER, LTC OMBUDSMAN PROGRAM AND POLICY

#### **Katie Kohler**

MANAGER, PROGRAM & OUTREACH

#### **Tina Steier**

MANAGER, COMMUNICATIONS, MEMBERSHIP, AND EVENTS

#### Alejandra Ona

MANAGER, FINANCE AND OPERATIONS

#### **Libby Laubert**

**PROGRAM SPECIALIST** 

#### **Jamie Freschi**

**CONSULTANT** 

#### **Maria Greene**

**CONSULTANT** 

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Michigan Elder Justice Initiative

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Consultant on Aging, Policy and Law

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Clinical Social Worker

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Managing Partner

Levin & Perconti

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Executive Director, Retired

AZ Developmental Disabilities Planning Council

Certified Ombudsman Volunteer

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Family Caregiver, Self-Employed

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Founder, Eldercare Advocacy Bay Area, LLC

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Assistant Adjunct Professor

Dept. of Social & Behavioral Sciences

University of California, San Francisco

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Vice President Emeritus, Government and

**Community Relations** 

**Cornell University** 

**Cynthia Rudder** 

Consultant in Long-Term Care

**Lori Walsh** 

Program Manager, Ombudsman Supervisor

**CARIE** 

## Leadership Council

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Consumer Advocate

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Founder/CEO, Our Mother's Voice

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Minnesota Office of the LTC Ombudsman

**Diane Carter** 

Founder, Former President and CEO

American Association on Post-Acute Care Nursing

**Stephanie Curtis** 

Long-Term Care Resident

Consumer Advocate

**Marvin Dawkins** 

Consumer Advocate

Jamie Freschi

Fresch Start Consulting

**Arlene Germain** 

Massachusetts Advocates for Nursing Home Reform

(MANHR)

**Dignity Alliance Massachusetts** 

**Anna Helm** 

Oregon Long-Term Care Ombudsman Program

Volunteer

**Sumitra Joy** 

Health Over Profit for Everyone (HOPE)

**Hillary Kaylor** 

Centralina Area Agency in Aging

**Bill Lamb** 

Friends in Residents in Long Term Care

**Steven Levin** 

Founding Partner

Levin & Perconti

Mitzi McFatrich

Kansas Advocates for Better Care

**Rita Morris** 

Consumer Advocate

Pamela Nadash

Department of Gerontology

University of Massachusetts Boston

**Gwen Orlowski** 

**Executive Director** 

Disability Rights New Jersey

**Kezia Scales** 

PHI

**Jennifer Williams-Woods** 

Aging and Disability Services Division

#### The Fight for Nursing Home Reform

As long-term care facilities have been pulled into the public eye over the last few years, it has brought to the public's attention many of the issues that Consumer Voice and partner advocates have been fighting to reform for decades. The Biden-Harris Administration heard our concerns and in February 2022 announced a platform to improve quality and accountability in nursing homes. Similarly, in April 2022, the National Academies of Sciences, Engineering, and Medicine (NASEM) issued a consensus study report and recommendations for improving quality in nursing homes, noting that immediate action to initiate meaningful change is necessary. Many of the Administration's proposals, and NASEM recommendations, directly align with Consumer Voice's advocacy priority issues. As such, Consumer Voice is working with multiple partners and coalitions to push for resident-focused implementation of the Biden and NASEM improvements and bring resident and family voices to the conversation.

# The Continued Impact of COVID-19 on Residents

Since the start of the pandemic, Consumer Voice has prioritized hearing directly from residents about their experiences and incorporated these accounts directly into our policy work and interactions with policy-makers. Despite the progress that was made with case numbers, COVID-19 persists, continuing to result in quarantines, isolation, and an impact on visitation for many residents and their families. Consumer Voice advocated for resident rights protections, visitation, increased infection prevention, and greater access to COVID vaccines and boosters.

#### Pushing for Minimum Staffing Standards

Though quality care comes down to a variety of factors, adequate staffing is a crucial element in ensuring that residents receive the care they deserve. Consumer Voice has fought for, and will continue to fight for, minimum staffing standards in order to ensure resident needs are being met. Consumer Voice's work in 2022 around staffing included:

- An advocacy toolkit and webinar to guide others in responding to CMS's Request for Information on Staffing in Nursing Homes, including the implementation of a staffing standard.
- Meetings with other advocates and federal officials to discuss staffing needs and making sure that resident voices are being heard.
- Several reports around staffing and its impact on residents, as well as possible solutions for meeting staff needs to enhance retention and appeal to potential staff members.

These efforts contributed to the Administration's attention to the development of staffing standards, and will be used in the development of proposed rules, due out in early 2023.

# Ownership and Financial Transparency

Consumer Voice has long advocated for all consumers to have access to reliable and relevant information about who owns and operates nursing homes, as well as accountability for how they spend the billions of public dollars they receive to care for residents. Lack of transparency and accountability for ownership and financial information has negatively impacted residents as unscrupulous owners and operators put profit over people.

Over the past year, Consumer Voice, along with other advocates, pushed for increased transparency in nursing home ownership and finances. This included:

- A letter to HHS Secretary Bacerra requesting that he implement provisions from the Affordable Care Act that would increase transparency in nursing home ownership and spending.
- Several meetings with CMS regarding how they provide nursing home ownership information on Care Compare. CV pushed for more information on measures of quality across nursing home chains. CMS has agreed providing this information is important and is reportedly taking steps to implement CV's recommendations.
- Information and support provided to Congressional staff and state efforts to improve transparency and accountability.

#### National Ombudsman Resource Center

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The National Long-Term Care Ombudsman Resource Center

The Consumer Voice houses the National LTC Ombudsman Resource Center (NORC) through a grant from The Administration for Community Living (ACL). NORC educates and assists the 53 State Long-Term Care Ombudsmen and their representatives.

NORC activities, shown below, have aided Ombudsman Programs and representatives across the country in their role to advocate with and on behalf of residents.

- Bi-weekly calls with State Ombudsmen to hear updates from their peers and share best practices and challenges
- Individualized technical assistance to Ombudsman programs
- Quarterly Technical Assistance (TA) Talks, which allow Ombudsman programs to hear from NORC staff, subject matter experts, and peers on frequently discussed topics
- Monthly open office hours to give State
   Ombudsmen and Ombudsman program
   representatives the opportunity to ask NORC
   and each other questions
- Support for State Ombudsmen who have served for fewer than two years
- Revised Initial Certification Training Curriculum materials created for both the trainer and the trainee, with the most up-todate training on ACL's Long-Term Care Ombudsman Program Training Standards
- Webinars and training material development, including a State Ombudsman Training Conference

# Elder Abuse, Neglect, and Exploitation Education

Through a partnership with the National Center on Elder Abuse (NCEA), Consumer Voice develops consumer resources and shares information on issues related to elder abuse, neglect, and exploitation. These resources included a podcast and fact sheet on Addressing Abuse in Long-Term Care Facilities.

#### Transfer and Discharge

Consumer Voice developed a manual and consumer brochure on Nursing Home Transfer-Discharge to inform and educate stakeholders, including nursing facility staff, surveyors, ombudsmen, legal services attorneys, residents and families, and others, about federal and state discharge requirements, in order to reduce inappropriate facility-initiated discharges.

Meetings with Ombudsman programs and a stakeholder advisory committee helped to inform the process of creating these resources.

#### National APS Training Institute

Consumer Voice is developing modules for the National Adult Protective Services Association Training Center. As subject matter experts, we are creating curricula on federal nursing home guidance and on the role of the Long-Term Care Ombudsman program.

# Consumer Education Campaign on the Misuse of Antipsychotic Drugs



Consumer Voice, in partnership with AARP Foundation, educated consumers, advocates, and others, and raised awareness about the misuse of antipsychotic drugs in long-term care facilities. We produced podcasts, a new training web page and toolkit, and new fact sheets and reference guides. Our advocacy in this area helped convince CMS to require auditing of schizophrenia diagnoses in facilities for appropriateness.





Pursuing
Quality LongTerm Care

Reached **31,943** listeners over **27** episodes

Quoted or mentioned in **42** articles and news reports

Reached **12,045** over **15** webinars



Received **60** Resident's Voice Challenge entries

# Responded to **1,710** technical assistance requests

Top Categories	Top Subjects
General Information	Consumer Voice Store and Conference
Legal Issues	Law/Regulatory
Ombudsman Program Management	LTCOP Training
Issues with LTC Provider	Staffing Standards and Inadequate Staff
COVID-19	Vaccination and Visitation

#### **Annual Conference**

Held both in-person and virtually

691

attendees

24

breakouts

7

plenaries

Impact across both Consumer Voice and NORC websites and social media.

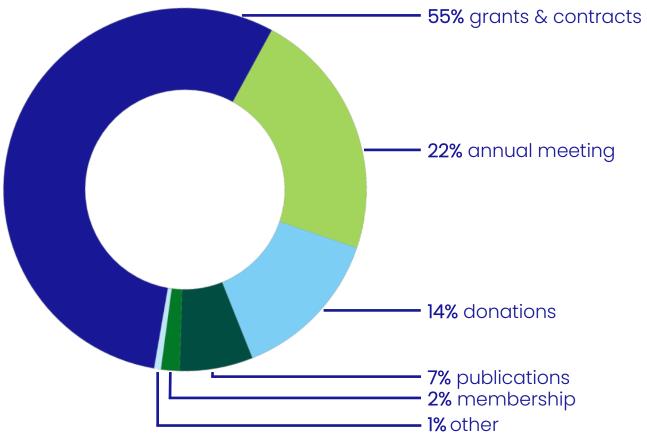
**410,664**Website Views

**123,729** Twitter Impressions

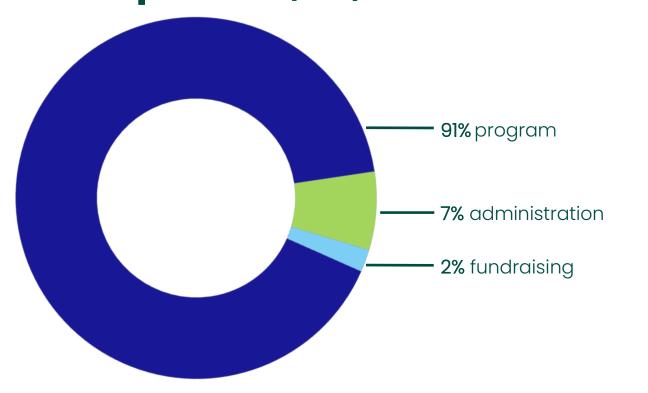
**123,110** Facebook Reaches

# FY2022

#### Total Revenue—\$1,269,726.56



### Total Expenses—\$1,254,993.59



## THANK YOU FOR YOUR SUPPORT

#### **Grant and Contract Partners**

**AARP Foundation** 

Administration for Community Living

California Department of Public Health

**NAPSA** 

National Center on Elder Abuse

NORC at the University of Chicago

Lewin Group

Utah Department of Health

#### **Annual Conference Sponsors**

**AARP** 

**AARP Foundation** 

Levin & Perconti

**SEIU** 

**NASOP** 

Altarum

Justice in Aging

PeerPlace

Dignity Alliance Massachusetts

**NALLTCO** 

Compassion & Choices

**NASW** 

**NCEA** 

Michigan Elder Justice Initiative

Consumer Voice Governing Board

Consumer Voice Leadership Council

#### **President's Circle**

President's Circle members are individuals who have donated \$1,000 or more in a calendar year.

Eileen Bennett

Michael Brusca

**Denise Bryant** 

Sarah Burger

**Lesley Clement** 

Jennifer Coyne

Tilden and Mary Edwards

Cristina Flores

Marianne Fallingstad

Hanna Fink

Barbara Frank

Iris Freeman

Arlene Germain

Maria Greene and Jim Kautz

Charlene Harrington

Alice Hedt

Alison Hirschel

Sara Hunt

Cathy Hurwit

Michael Koenig

Matthew Koenig

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Olsman, MacKenzie, Peacock &

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Victoria Schall

Senior Justice Law Firm

Teresa Story

Barbara van Westrienen

Mary Ann Wilner

David Zimmerman

If you would like to support Consumer Voice's work, you can do so on our donation page. Donations are a large part of Consumer Voice's ability to continue our advocacy for the rights of long-term care consumers across the country.

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