

Volunteer

June 7, 2023

Have you ever volunteered your time somewhere? Remember the warm fuzzies you had as you began to see the results of your labor? Oh, that feeling of accomplishment you had as you realized you were doing a good work!

No matter where you go, there is room for your kind of work, work filled with a love that showed. You begin to share its benefits for you. Others begin to think of ways they, too might volunteer.

In a nursing facility, you can volunteer in many ways. Read for someone who cannot see as well as they should. The words seem to have shrunk and dimmed as days have gone by. Maybe they hear words sent by family that they couldn't read. Because you read to them, they, too, get the warm fuzzies. Maybe there is a computer that has mail that the volunteer reads.

Volunteering: A no limits, endless road of opportunity and joy. Sit in the front room and greet those who come in. Show to them a kind word and a smile.

Think now of ways to help others, even the staff. Use your talents as I do. I am a writer so I write articles for Consumer Voices and others. It is one of my blessings I share with people whether I know them or not. The rewards are great. It makes me feel good, sort of warm and fuzzy inside.

Find something you are interested in, then find someone, share with them and help them to volunteer, as you do, with their talents. No matter how great or small – someone will be helped as you volunteer your time and talents with them.

Assist in activities. Watch as fellow residents see you using your talents and then begin to smile. Those who rarely smile