

Poem by Mrs. Cynthia Edwards from Bergen New Bridge Medical Center, NJ

This poem was written by Mrs. Cynthia Edwards, who is known for her beautiful stories and writings on the unit. She took the time to speak about the Recreation Department and all the available opportunities waiting for her in the activity dayroom. Mrs. Edwards has always been heartfelt and genuine about how she felt, and she wanted to express her gratitude through her artistic writing skills.

Home Away From Home:

New Bridge, home for the aged
Is like a book you read page by page.
There is everything there is to be done
You just have to be willing to have fun.
On Monday afternoon you play Bingo
And you can really bet
There are beautiful prizes to get.
On Tuesdays is greenhouse class,
You plant seeds even in a glass.
Oh what a joy to see them grow
Looking lovely all in a row.
On Wednesday afternoon is mass in the chapel,
After is cooking class making pies with apple.
There is also arts and crafts.
After you make jokes and laugh.
The ladies in the dayroom make nice recipes
What a treat, we all can eat.
On Thursdays there is painting.
I just forget to say
There is exercise everyday.
The aides and nurses are there
To take good care.

On Fridays is Bingo again.
Then Saturday and Sunday you rest
And you can then think of the best
What a wonderful week God blessed.
You really read the book page by page,
New Bridge, home for the aged.

By Cynthia Edwards [REDACTED]

230 East Ridgewood Ave

Paramus, NJ 07652