- Nursing Home Reform Law of 1987 increased emphasis on residents' rights
- Created national minimum set of standards of care for people living in certified nursing facilities



Bill of Rights
can be divided
into the
following
broad
categories

Rights to:

- Independent decision making
- Dignity & Respect
- Privacy & Confidentiality
- Be fully informed
- Remain in facility
- Raise grievances
- Participate in One's Own Care
- Visitation



Freedom of Choice

- personal decisions
- accommodation of needs & preferences
- □ choose a physician
- participate in community activities (resident council)

Right to Dignity & Respect

- To be treated with consideration, respect & dignity
- To be free from mental & physical abuse, corporal punishment, involuntary seclusion, & physical and chemical restraints
- To secure personal possessions

Privacy & Confidentiality

- private & unrestricted communication with person(s) of choice
- privacy during treatment & regarding medical, personal, or financial affairs



How can care providers support residents' rights to dignity?

- Ask residents about their wishes, encourage choice, & listen to what residents tell you
- Resist the temptation to make decisions based solely on what is "best" for the resident



Right to be Fully Informed

- availability of services& charges
- facility rules & regulations
- residents' rights in native language or Braille
- contact info for ombudsman & survey agency

Rights During Transfers & Discharges

- Right to remain in facility unless transfer or discharge meets certain criteria
- Receive 30 day notice of transfer or discharge (includes reason, effective date, location & appeal rights)

Right to Complain

- present grievances to staff with prompt efforts by facility to resolve
- to contact ombudsman
- to file a complaint with state survey& certification agency



Right to Participate in One's Own Care

- receive adequate & appropriate care
- be informed of changes in medical condition
- participate in assessment, care planning, treatment & discharge
- to refuse medication, treatment and chemical or physical restraints



Right to Visits

- to meet with personal physician, ombudsman, or state survey agency
- to visit with friends, relatives
- to participate in social or religious gathering

- Where do you go for help if you're concerned a facility is not guaranteeing the rights of residents?
- Contact your Ombudsman Program or Citizen Advocacy group
- <u>www.nccnhr.org</u> to view map & contact information