## **Activity Suggestion: Resident Hero**

**Purpose:** The purpose of the Resident Hero project is to showcase the lives of the residents in the facility and show how they impacted their community.

**Description:** Facilities can collect the information below from residents and family members. The information can be used to develop a memory box outside of the residents' room, a scrapbook page or a framed story with pictures. These items can be posted in different areas of the facility to share with other residents, families, staff members and visitors. Facilities can also host an Open House to invite community members in to view the exhibits and meet residents.

Boy or Girl Scout groups can be invited into the facility to work with residents to develop these projects; both groups offer badges for working within their communities.

- 1. Name:
- 2. Birthday and Birth place:
- 3. Occupation:
- 4. Where did you grow up?
- 5. What is your favorite memory of growing up in your community?
- 6. What was your favorite community event growing up?
- 7. What does it mean to be part of a community?
- 8. Why is it important to you to have community members come into your home/facility?

National Long-Term Care Residents' Rights Month is celebrated every October.

Mark your calendars and plan to celebrate! Information and materials for Residents' Rights Month celebrations is available on the Consumer Voice website at www.theconsumervoice.org.