

The Power of My Voice  
is My Strength!



My name is Sally Graves. I've lived at The Village Senior Living in Tacoma for the past 10 years. I was diagnosed with Muscular Dystrophy when I was 14 years old and am now 73. I am a retired DSHS employee and have been confined to a power wheelchair full time for 11 years. I've enjoyed arts and crafts for many years, but became interested in painting about five years ago. I find it's relaxing and therapeutic, especially as I've become physically weaker. So I feel I am able to use my voice through painting. I am also the President of our Resident Council which also allows me to use my own voice, as well as be the voice and support for other residents.