Dear Editor:

October is National Long-Term Care Residents’ Rights Month, a time to acknowledge the contributions and sacrifices many long-term care (LTC) residents have made to better our community and to call attention to the rights of residents in long-term care facilities. This year’s theme – Speak Out Against Elder Abuse, was selected to call attention to the fact that elder abuse is an issue that shouldn’t be taken lightly. The abuse of long-term care residents is an occurrence that not many people like to acknowledge or report. It is important that the elderly are given a sense that this social issue isn’t simply being ignored.

By speaking out against this serious problem, we honor the lives and experiences of the elderly as well as treat them with dignity and respect; staff and residents can enjoy relationships with long-term care residents that enhance their day-to-day lives; and the long-term care facility can operate more effectively in its daily activities when based on and developed with consumer trust and involvement. Many people care about residents - family members, citizen advocates, long-term care ombudsmen, facility staff and others. This care can be truly individualized and focused on each person’s needs and preferences.

Celebrate and acknowledge these rights by participating in Residents’ Rights Month events and calling on your elected officials and local facilities to show their support by attending or organizing activities.

**NOTE:** All letters to the editor must include a signature, address, and phone number so the paper may contact you with any questions. You may also include your affiliation with an organization if you wish. Your phone number and address will not be printed.