



THE VOICE

The e-newsletter of National Consumer Voice for Quality Long-Term Care

January 15, 2019

Call for Session Proposals for the 2019 Consumer Voice Conference

Consumer Voice is seeking proposals for concurrent sessions at the 2019 Consumer Voice Annual Conference, November 3-6, 2019 in Arlington, VA.

We are looking for proposals that create an engaging, informative conference agenda and provide resources, tools, and strategies our attendees can incorporate in their life and/or advocacy. This year's conference theme is Stand for Quality. Proposals should include:

- Concrete advocacy strategies,
- Examples of advocacy and/or educational programs for individuals or systems advocacy,
- Issues related to nursing homes, assisted living, and/or home and community based services,
- Opportunities for discussion, questions, and/or sharing of advocacy successes and challenges related to the topic, and
- Information attendees can use in their daily life or work to improve the quality of long-term care.

All proposals must be submitted using Survey Monkey. **Proposals are due by March 15, 2019.** Late or incomplete proposals will not be considered.

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Calendar of Events

Wednesday, January 16: [Signs of Elder Abuse,
Neglect and Exploitation](#), 2:00pm ET, Free

There are 2 easy steps to submit a proposal!

1. Review the [Call for Proposals and Presenter Requirements](#).
2. Submit your proposal via [SurveyMonkey](#). Visit this link to submit your proposal: <https://www.surveymonkey.com/r/LFP3SVP>. NOTE: You will not be able to save incomplete submissions in SurveyMonkey, so you may want to review and print or save the [PDF version](#) of the proposal questions so you can plan your responses prior to starting the submission.

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Revised National Ombudsman Reporting System (NORS) Training Five Part Webinar Series

This is a five-part webinar series on the revised National Ombudsman Reporting System (NORS) training materials created by NORC. State Ombudsman programs submit data regarding program activities to the Administration for Community Living (ACL)/Administration on Aging (AoA), using the codes, definitions, and activities outlined in the instructions for the National Ombudsman Reporting Systems (NORS). The data has been collected since 1996 and this is the first comprehensive revision. The revised NORS data collection is effective October 1, 2019. The purpose of this webinar series is to introduce the new training materials to help programs prepare for the transition to new codes, definitions, and activities on October 1, 2019. The first webinar will introduce the revised new NORS data collection and the following four webinars will cover each part of the revised four-part training. Participants only need to register once to attend all five webinars.

- **Introduction to the Revised NORS** February 5, 2019 3:00 – 4:30 ET
- **Part I: Case, Complaint, Complainant and Information and Assistance** February 27, 2019 3:00 – 4:30 ET
- **Part II: Coding Complaints** March 19, 2019 3:00 – 4:30 ET

webcast from the National Center on Law & Elder Rights

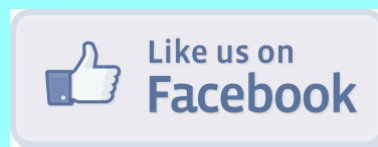
Thursday, January 24: [All Cause Harm Prevention in Nursing Homes: Applying Strategies from the New CMS Change Package](#), 3:00pm ET, Webinar from CMS and the Quality Innovation Network National Coordinating Center

Tuesday, January 29: [NCAPPS Kickoff Webinar](#), 3:00pm ET, Overview webinar of the new National Center on Advancing Person-Centered Practices and Systems

Tuesday, March 12: Traumatic Brain Injury Stakeholder Day, Hosted by ACL in Washington, DC, RSVP to NCAPPS@acl.hhs.gov

November 3-6, 2019: Consumer Voice Annual Conference, Crystal Gateway Marriott, Arlington, Virginia

Join the conversation and follow us on social media!



Last Week's Most Popular Post:

Thursday, January 10: [The Administration for Community Living and the Centers for Medicare & Medicaid Services have launched the National Center on Advancing Person-Centered Practices and Systems \(NCAPPS\).](#)

- **Part III: Closing the Case – Verification, Referral, and Disposition** April 30, 2019 3:00 – 4:30 ET
- **Part IV: Activities** May 29, 2019 3:00 – 4:30 ET

[Register here.](#)

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Consumer Voice is Looking for Spring Interns

Consumer Voice has two Public Policy and Communication intern openings, one for a graduate student and the other for an undergraduate student. Click [here](#) to read more and apply!

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Webinar Series on Pain Medication Education

Join the Christopher & Dana Reeve Foundation Paralysis Resource Center (PRC) for a three-part webinar series focusing on pain medication education and resources. On January 23, February 20, and March 13, the health series will offer an hour-long webinar with each session focusing on a specific question in regard to pain medication for those living with spinal cord injuries or another form of physical disability. The first webinar will focus on the question: “What is my pain medication?” The topics covered in the session will be an introduction to a fundamental baseline of pain medications, understanding types of pain caused by living with paralysis, and the corresponding medications. There will also be a discussion on potential resources for staying updated about pain medications. Future sessions will cover opioids, opioid addiction, and opioid tapering options. All webinar sessions will be hosted from 12 pm-1pm EST. [Register here.](#)

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Money Follows the Person Extension Passed in House

Last week, the U.S. House of Representatives passed the [Medicaid Extenders Act of 2019 \(H.R. 259\)](#), which provides a three-month extension of the [Money Follows the Person](#)

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twitter

Last Week's Most Popular Tweet:

Monday, January 14:

[Fact sheet on culture change.](#)

Long-Term Care Resources & News

- [Long-term care provider launches pilot program, using volunteers to help address staffing shortages.](#) January 11, 2019, *McKnight's*

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Program. The bill adds \$112 million in funding for MFP to be used by Sept 30, 2019. The bill also includes a three-month extension of Home and Community Based Spousal Impoverishment provisions. These provisions help ensure that spouses who are left at home while their loved one is in a nursing home do not end up depleting the couple's entire life savings paying for costly nursing home care. Under the provisions, a certain amount of the couple's combined resources is protected for the spouse living in the community. Because of the ongoing shutdown, it is uncertain whether the Senate will pass the Medicaid Extenders Act.

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Spotlight on Resources

MY PERSONAL DIRECTIONS FOR QUALITY LIVING

Name: _____ Date: _____
Please use my chosen name or nickname listed below:

My pronouns are: _____

To My Caregivers (paid and unpaid) & Family of Choice:
I am recording my personal preferences and information about myself in case I need long-term care services in my home or in a long-term care community in the future. Please always talk to me about my day-to-day life to see what it is that I want and enjoy. However, the information below may provide some help in understanding me and in providing my care. I hope this information will be useful to those who assist me.

I want my caregivers and family of choice to know the following important details about my life story:

The way I like to wake up and start my day includes (e.g., how and when to wake up, breakfast preferences, daily beauty and grooming routines, hairstyle):

The way I like to relax and prepare to sleep at night includes (e.g., nightly beauty and grooming routine, watch TV, reading, time to go to bed):

My Personal Directions for Quality Living | 2018



Consumer Voice and the National Ombudsman Resource Center have a multitude of resources available online covering a wide range of long-term care topics. Visit the [Consumer Voice](#) and [NORC websites](#) to explore all the available resources. Check out this week's highlighted resource:

[My Personal Directions for Quality Living](#)

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About The Voice

The Voice is a weekly e-newsletter, published by the National Consumer Voice for Quality Long-Term Care. If you do not wish to continue receiving this publication, please unsubscribe below. Your contributions and comments are welcome and should be sent to info@theconsumervoice.org. Copyright © 2019.

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Consumer Voice is the leading national voice representing consumers in issues related to long-term care, helping to ensure that consumers are empowered to advocate for themselves. We are a primary source of information and tools for consumers, families, caregivers, advocates and ombudsmen to help ensure quality care for the individual. Consumer Voice's mission is to represent consumers at the national level for quality long-term care, services and supports.

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