



Residents' Rights Month Activity: DIY Door Hangers

Many adults find coloring to be a very relaxing activity that increases mindfulness and positivity. This residents' rights activity combines the fun creative release of decorating door hangers with an opportunity to discuss this year's theme for Residents' Rights Month – Stand for Quality.

Materials Needed:

- Printer and/or photo copier
- Art supplies like colored pencils, markers, glitter glue, gel pens, or water colors.
- Scissors

Instructions:

1. Print the black and white "I Stand for Quality" door hangers for each resident participating in the activity. (Note: card stock or a heavier weight paper works best.) The template is available on Consumer Voice's website: https://theconsumervoice.org/uploads/files/events/Blank_Door_Hanger.pdf
2. Gather a small group of residents and distribute the door hangers and art supplies.
3. While residents decorate their door hangers, facilitate a discussion about quality.
 - Discussion questions can include:
 - How do you define quality? (For example: quality care, quality of life, quality of choices, etc.)
 - Why is quality important in your life?
 - Give an example quality care or quality of life.
 - How do you work with others – facility staff, other residents, family members or friends, the Ombudsman program – to promote quality?
 - Consider writing the residents' responses on a document to later post in the facility.
4. After the residents have finished creating their door hangers, distribute scissors to cut them out.
 - Use the outline as a guide to cut straight lines along the edges and a hole for the door knob. Be sure to cut a slit so the door hanger will easily fit over the knob.
 - Some residents may need extra assistance using scissors. Consider residents' individual abilities and safety when using scissors.
5. Encourage residents to display their door hangers on their doors to show that they stand for quality.