

MILTCOP

MICHIGAN LONG TERM CARE OMBUDSMAN PROGRAM

If you feel your rights have been violated, you can do *any* or *all* of the following:

- Complain to the nursing home
- File a complaint with the State of Michigan at **1-800-882-6006**
- Call the MI Long Term Care Ombudsman at **1-866-485-9393**

It is against the law for the home to retaliate against you for filing a complaint.

Call to get **free** and **confidential** help

1-866-485-9393

My Rights as a Resident in a Nursing Home

- Be treated with dignity
- Be free from abuse, neglect and exploitation
- Know my medical condition and see my records
- Receive prompt care based on my wishes
- Refuse care and treatment
- Have privacy
- Be free from unnecessary restraints
- Visit privately with people of my choice
- Have private phone calls
- Send and receive unopened mail promptly
- Enjoy activities I choose
- Spend my own funds
- Keep personal items in my room
- Leave the nursing home, if I wish

**These are some
of your rights.**