Below is a list compiled by the Consumer Voice staff after completing the bulletin board activity themselves. As you can see, there is a wide range of words people may come up with. As a facilitator, you may need to prompt residents to start coming up with their own words. Encourage residents to keep words positive so that everyone who passes by the bulletin board can enjoy and appreciate them.

**C A R E**

- Care
- Caregivers
- Charity
- Choice
- Civil
- Compassionate
- Complaisant
- Concerned
- Consequences
- Consideration
- Consistent
- Contribute
- Cordial
- Core Values
- Courteous
- Cultural Differences
- Acceptable
- Access
- Accommodating
- Accountability
- Active
- Activities
- Advocacy
- Aesthetic
- Affectionate
- Amiable
- Approachable
- Attentive
- Aware
- Awareness
- Relatives
- Reliable
- Religion
- Residents
- Respect
- Responsibility
- Responsive
- Revere
- Rights
- Role Models
- Education
- Effectiveness
- Elevated
- Empowerment
- Enforcement
- Engagement
- Environment
- Essential
- Esteem
- Ethical
- Excitement

*CARE matters*

National Consumer Voice For Quality Long-Term Care
Activity Ideas and Suggestions

40 Words of Wisdom Reading - Kick-off Event

Audience: Residents, families, staff, volunteers, ombudsmen

Supplies: Consumer Voice 40 Words of Wisdom book (you will have in time for Residents’ Rights Month!), Facility Words of Wisdom Book (if you made one)

Purpose: To officially kick-off Residents’ Rights Month 2015. To bring local dignitaries into the facility for tours.

Activity: Have a book reading of the book of compiled poems, essays and art that were submitted to the Consumer Voice from residents across the country. You could have one resident or staff member read them all, or pass the book around and have numerous residents read a submission. Be sure and recognize the residents who participated in the book submission to Consumer Voice, and have them read theirs even if it was not published in the book. Have residents read their own if they are able to.

Intergenerational Programming Idea:
If possible invite local schoolchildren to come read the poems and essays to the residents. This could also be an event that takes place at another time during the month.

Follow-up: Ask residents what they thought of the submissions.
**Activity Ideas and Suggestions**

Facility-wide Poetry/Essay/Short Story Challenge

**Audience:** Residents, families, volunteers, and staff

**Supplies:** None

**Purpose:** Have residents, families, volunteers, and staff reflect on what CARE Matters means to them, and the experiences they have had.

**Activity:** Prior to Residents’ Rights Month invite residents, families, volunteers, and staff to write a poem, essay, or short story about why “CARE Matters,” what it means to them, and/or about the experience(s) they have had in the facility.

**Follow-up:** In conjunction with the Book Reading Kick-Off Event, have these stories read, or a selection of them. Create your own book or three-ring binder of all of the submissions. Consumer Voice would also love to receive a copy of your facility’s book after the event!
**Activity Ideas and Suggestions**

**Residents’ Rights Month 2015 Bulletin Board**

**Audience:** Residents, families, volunteers, staff, visitors

**Supplies:** Bulletin board, colored paper, markers, glue, scissors, tape

**Purpose:** To make the community aware of residents’ rights, and all it entails.

**Activity:** Create a Bulletin Board around the “CARE Matters” theme. Ask residents what each letter in CARE means to them. Put all of the words on the bulletin board for everyone to see how much CARE *really does Matter!* There are some sample words included on the next page that Consumer Voice came up with for use in facilitating conversation and getting participants thinking. Also included are ready-to-go bulletin board letters.

**Follow-up:** Group Discussion
Activity Ideas and Suggestions

CAREgivers Appreciation Event

**Audience:** Residents, families, volunteers, staff

**Supplies:** Various, depending on event planned

**Purpose:** To recognize caregivers in long-term care facilities.

**Activity:** Ask the Resident and/or Family Council to plan a staff appreciation social hour or other event that recognizes careGIVERS Matter too! The Councils can give out awards to staff members who have made residents’ lives better by the small things they do for them. This could be a nurse aide or nurse, but also housekeeping, maintenance, therapy, dietary, administration or other department staff member. Residents could write a short story about the person and why they were chosen, and share it during the event.

**Intergenerational Programming Idea:**
Residents may also chose to recognize all of the staff by making thank you cards with schoolchildren who come to visit, and having each resident who is able sign them. The cards could also be made by only residents without the help of children.

**Follow-up:** None.
Activity Ideas and Suggestions

Residents’ Rights Month Word Games

Audience: Residents, families, volunteers, visitors, staff

Supplies: Copies of the word games found in this packet, writing utensils

Purpose: To stimulate residents’ mind, and provide an independent activity for everyone who chooses to participate.

Activity: Pass out copies of the word games included in this packet.

Follow-up: You may choose to have a competition with residents or staff (separately), and hand out small prizes to those who complete theirs.
Residents' Rights

Celebrate Residents' Rights

Acceptable  Activities  Autonomy
Charity      Clean      Compassionate
Consistent  Courteous  Dignity
Education   Empowerment  Entertainment
Freedom     Independence  New Friends
Nursing     Privacy     Regulations
Relatives   Religion    Resident Council
Respect     Rights      Therapy
Visitors
Residents' Rights

Celebrate Residents' Rights

Acceptable  Activities  Autonomy
Charity      Clean      Compassionate
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Education   Empowerment  Entertainment
Freedom     Independence New Friends
Nursing     Privacy     Regulations
Relatives   Religion    Resident Council
Respect     Rights      Therapy
Visitors
More Residents' Rights

Accommodating  Accountability  Affectionate
Amenities  Amiable  Awareness
Caregivers  Concern  Consideration
Cultural Differences  Effectiveness  Essential
Ethical  Family  Homelike
Leisure  Quality of Life  Rehabilitation
Responsive  Volunteers