



Taste of Home: Involving Residents in Meals and Menu Planning.



Audience: Residents, families, and staff



Supplies: Recipes from residents, decorations, invitations,



Purpose:



To kick off Residents' Rights Month by calling attention to the residents' right to live in a home, not a home-like environment. To promote culture change by encouraging facility staff to let residents make decisions about what makes them feel at home and implementing these decisions.



Description:



Ask residents, family members, and staff to submit recipes such as chili, pies, desserts or other item. Ask the Residents Council to review the recipes and choose several recipes. These recipes can be used for a special meal during Residents Rights Month. Family members, community members, and elected officials could be invited to this meal to bring attention to Residents' Rights Month. The residents could host the event. Make sure to have music or other types of entertainment as well. Invite the Ombudsman program representatives to talk about residents' rights and the importance of celebrating Residents' Rights Month.



Additions or Modifications:



- Use collected recipes to develop a cook book.
- Have a cook off with a theme (cookies, breads etc.)
- Ask residents upon admission if they have a favorite food and ask for the recipe
- Develop a food committee to taste new foods and meet with dietary manager
- Incorporate resident recipes in the menus throughout the year

