



In preparation for Residents' Rights Month (October 2015), the Consumer Voice wants to hear from residents of long-term care facilities and individuals receiving long-term services and supports.

Tell us what **CARE Matters** means to you!

- Residents and consumers are asked to submit 40 words of wisdom to coincide with the celebration of Consumer Voice's 40th anniversary. Some entries may appear in our "**40 Words of Wisdom**" book—on sale this summer. *(Have more—or less—to say? No problem! We will accept entries of any length.)*
- Every resident who submits an entry will receive a certificate for participating in the Resident's Voice.
- Possible types of entries include: essays; poems or songs; artwork, drawings or photos; word collage; or video/audio recordings.
- Submissions are due by **May 15, 2015**.
- For more information, visit www.theconsumervoice.org/events/residents-rights-month-2015

| Residents are encouraged to think of the following questions when creating their entry:

- | ⇒ What does quality care mean to you? What does quality of life mean to you?
- | ⇒ What, if anything, would you change to make your experience at your nursing home feel more like home?
- | ⇒ Why is it important to you to have your preferences regarding your care and daily life heard and respected?
- | ⇒ What advice would you give to family, friends or caregivers?

Send Submissions to:

Consumer Voice
Attn: Resident's Voice Submission
1001 Connecticut Ave., NW, Suite. 425
Washington DC 20036

OR

Via email to: info@theconsumervoice.org

