



SPEAK UP:
Know Your Rights
And How To Use Them
National Consumer Voice For Quality Long-Term Care

2018 Resident's Voice Challenge!

Residents! Display your writing or artistic skills by submitting essays, poems, artwork, drawings, or videos related to the theme for Residents' Right Month 2018 "Speak Up: Know Your Rights and How to Use Them."

Submissions are due September 1, 2018

We especially love video entries. If you submit a video, it could be featured on the Consumer Voice home page or on Facebook or Twitter.

For guidelines and more information about this year's Resident's Voice Challenge, visit:
<http://theconsumervoice.org/events/residents-rights-month-2018>

1

Residents are encouraged to answer any of the following questions:

- 1.)** What do you want people to know about you and how you like to receive care?
- 2.)** Share an example of how you exercise your rights on an ongoing basis.
- 3.)** How do you work with staff, family and other residents to promote quality care and what can they do to help reach that goal?
- 4.)** If you could give one piece of advice to a new resident about exercising their rights, what would it be?

2

Possible entries include:

- Video or audio Recording
- Poem
- Word Collage
- Song
- Artwork or drawing
- Photos
- Essay

3

Mail or Email Submissions to:

Consumer Voice
Attn: Resident's Voice Submission
1001 Connecticut Avenue, NW, Suite 632
Washington, DC 20036
info@theconsumervoice.org