

**EDUCATIONAL CONFERENCE CALL #5 IN OUR SERIES:  
“Eating with Dignity: Nutrition & Hydration”  
WEDNESDAY, OCTOBER 11, 2006 – 3PM (ET) [2PM CT / 1PM MT / 12PM PT]**

**Expert Speaker Biography: Connie McDonald**

Connie McDonald has been a Licensed Multi-level Nursing Home Administrator in Maine since 1991, beginning her career in long term care in 1967 as a Dietitian. Currently she is the Administrative Director for MaineGeneral Rehabilitation and Nursing Care, a subsidiary of MaineGeneral Health, in Augusta, Maine. Ms. McDonald's responsibilities include serving as administrator for Gray Birch, which has 400-500 Skilled care admissions annually, 50 long term care residents and 38 residents in the Assisted Living neighborhood. In addition she serves as advisor for the Glenridge facility, which cares for 125 elders with Alzheimer's and other dementias. Prior to assuming the responsibilities at Gray Birch, Ms. McDonald was the administrator at Glenridge. While there she initiated a culture change journey that led to national recognition and a video that is used by the QIOs throughout the country as they assist nursing facilities with Culture Change. She has served as a consultant for many facilities throughout the country. Ms. McDonald has presented at a national conference for the QIOs, at a regional conference sponsored by NNEAHSA and throughout Maine. She also has been interviewed and used as a resource for publications that serve nursing home providers. Her facility has been recognized for its program of prevention of staff injuries. She participated in the development of a 6-modual community education program for families of Alzheimer's victims that has been extremely successful. Ms. McDonald is a trainer for MaineGeneral Health's staff development program, teaching a 16-hour Mastery class in communication.