

# **SARAH GREENE BURGER**

## Consultant in Long Term Care

### Speaker Biographical Information

A 30 year advocate for nursing home residents and families, Ms. Burger continues to work on developing and implementing policy and speaking on a range of issues, including nurse-aide training, nurse staffing, resident assessment, physical restraint and bedrail elimination, and chemical restraint reduction.

Sarah Burger joined NCCNHR in 1987 and worked in a variety of roles and responsibilities including Executive Director and Associate for Program and Policy. Prior to joining NCCNHR, Ms Burger completed a two-year retrospective chart review of The Autumn Hills Nursing Home and was an expert witness for the Attorney General of Texas in that case. Mrs. Burger was also the Project Coordinator for six model projects using trained community volunteers as advocates in nursing home complaint resolution under an AoA grant. That project included co-authoring the first Nursing Home Ombudsman Training Manual. Other pertinent publications include:

- 1976 Burger, S.G. and D’Erasmus, M, Living in a Nursing Home: A Complete Guide for Residents, Their Families and Friends Seabury Press, NY
- 1979 Burger, S.G., “Three Approaches to Patient Care: Hospice, Nursing Homes, and Hospitals,” in A Hospice Handbook, Hamilton, M. and Reid, H. (Eds), Erdman’s Publishing Co., MI.
- 1996 Burger, S.G., Frank, B.; Frazer, V., and Hunt, S., Nursing Homes: Getting Good Care There, Impact Press, CA
- 1992 Hunt, S and Burger, S., Using Resident Assessment and Care Planning as Advocacy Tools, NCCNHR, Washington, D.C.
- 1994 Burger, S.G., Avoiding Drugs Used As Chemical Restraints: New Standards in Care, NCCNHR. Washington, D.C.
- 1994 Burger, S.G., Avoiding Physical Restraint Use: New Standards in Care, NCCNHR, Washington, D.C.
- 2002 Burger, S.G., Nursing Home Staffing A Guide for Residents, Families, Friends and Caregivers, NCCNHR, Washington, D.C.

#### **PROFESSIONAL DEGREES:**

MPH, Johns Hopkins School of Hygiene and Public Health; Graduate Nurse, Radcliffe-Massachusetts General Hospital School of School of Nursing;BA, Connecticut College

**AREAS OF EXPERTISE:** Ombudsman Guide to Nursing Home Reform Law, Laws and Regulations, Assessment and Care Planning, Restraints