My Life, My Care, My Choices…

Waking up in the morning hours,
I turn on the team power.
By lighting my lantern aglow,
Time to get the juices to flow
Coursing through my body.
Routine is how it plays,
I’ll lay it out for everybody.

Voting is my responsibility.
Consideration for others is top priority.
Activities is how I keep busy,
Bingo, exercise, and religious freedom are some biggies.
It is my right to stay up late,
To have personal possessions to decorate.
Freedom from physical abuse,
Helps me to diffuse.

The certified nursing aides make our life easier,
Everyone works together to make things go breezier.

-Vickie Edwards