

## WHAT YOU CAN DO TO HELP SAVE NURSING HOME PROTECTIONS FOR RESIDENTS!

Write: Alex Azar, Secretary, US Department of Health and Human Services

Seema Verma, Administrator, Centers for Medicare and Medicaid Services, US Department of Health and Human Services

Your U.S. Senators and Congressperson

- Identify who you are: resident, family member, long-term care ombudsman, citizen advocate, etc.
- Talk about your experience with or observations of nursing home care:

If your experience/observations have not been good: Indicate that you're concerned that more care/harm like what you experienced/observed will happen to residents. Now is not the time to weaken regulations and enforcement. If anything – they should be stronger, not weaker. **OR**

If your experience/observations have been good: Indicate that nursing home regulations and strong oversight have made good care possible and are critical to ensuring residents continue to get the care they need. Please keep them strong.

- State that the safety and well-being of nursing home residents are very important to you. Ask them to protect the nursing home residents in your state and across the country by preserving the nursing home regulations as issued in October 2016 and reversing harmful enforcement policies.

### CONTACT INFORMATION

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