Resident Conference Call Series:
Fall Prevention
Tuesday, December 21, 2010
2:30-3:30 p.m. EST
Speaker Bios

KAREN RUSSELL, RN has over 30 years of nursing experience in acute and long-term care settings, practicing as a staff nurse, admissions coordinator and staff development coordinator. She has served as a regional director for the Pennsylvania Restraint Reduction Initiative since July, 1998; her expertise is in physical restraint reduction including bed and side rail safety, fall management, comprehensive assessment processes including in-depth environmental assessments as well as individual resident analysis, pressure ulcer prevention and resident-family-staff relationships. Karen has worked with the Quality Improvement organizations in Wisconsin, South Carolina, Ohio, Pennsylvania, West Virginia and Nebraska. She has also presented to state and national conferences including PANPHA, PHCA, PACAH, AAHSA, ASA and AANAC. Karen can be reached at krussell@kendaloutreach.org.

RUTH BISH, RN, BSN, has extensive experience in long-term care. Ruth served as nurse educator for the Pennsylvania Nursing Care Facilities Best Practices program assisting facilities to successfully implement Best Practice protocols for pain management, depression, prevention of pressure ulcers, incontinence management and functional improvement. As part of the PARRI team, she worked with long-term care facilities in the areas of restraint reduction, fall management, behavior management, and prevention of pressure ulcers. Ruth co-developed the CAPStone Dignity in Dementia bathing program. Other areas of interest include resident and staff abuse prevention, improvement in quality of life through culture change, and dementia care.