

PERSONAL NEEDS ALLOWANCE (PNA) BY STATE 2025

Alabama	\$30.00
Alaska	\$200.00
Arizona	\$145.05~
Arkansas	\$40.00
California	\$35.00
Colorado	\$108.73*
Connecticut	\$75.00
Delaware	\$50.00
District of Columbia	\$106*
Florida	\$160.00
Georgia	\$70.00
Hawaii	\$75.00
Idaho	\$40.00
Illinois	\$60.00
Indiana	\$52.00
Iowa	\$50.00
Kansas	\$62.00
Kentucky	\$60.00
Louisiana	\$38.00
Maine	\$40.00
Maryland	\$102.00
Massachusetts	\$72.80
Michigan	\$60.00
Minnesota	\$128.00*
Mississippi	\$44.00
Missouri	\$50.00
Montana	\$50.00
Nebraska	\$75.00
Nevada	\$154.00*
New Hampshire	\$74.00+

New Jersey	\$50.00
New Mexico	\$94.00^
New York	\$50.00
North Carolina	\$70.00
North Dakota	\$100.00
Ohio	\$50.00*
Oklahoma	\$75.00
Oregon	\$79.07
Pennsylvania	\$60.00
Rhode Island	\$75.00
South Carolina	\$30.00
South Dakota	\$100.00
Tennessee	\$70.00
Texas	\$75.00
Utah	\$45.00
Vermont	\$79.93
Virginia	\$40.00
Washington	\$105.78*
West Virginia	\$50.00
Wisconsin	\$55.00*
Wyoming	\$50.00

*Tied to Cost-of-Living Allowance (COLA)

+ Tied to COLA, raised every five years

^ Adjusted according to the Consumer Price Index

~ Adjusted annually to be 15% of Federal Benefit Rate