

# Get Ready to Vote!

This year is a midterm election. Midterm elections are important – they are an opportunity to vote not only for your representatives in Congress, but also for those representing you locally. Your state may be electing a governor or members of the state legislature, while your city may be electing a mayor. There may also be elections for judges and other local officials. These public officials will make key decisions in your state and locally, so it is important to cast your vote.

**Your vote is your voice and moving into a long-term care facility doesn't change that.** In fact, long-term care facilities must work with residents to ensure that you are able to vote.

The general election day is Tuesday, November 3, 2026. Voter registration and absentee deadlines vary by state. You can visit [vote.gov](https://www.vote.gov) for more information.

## Questions to Ask Your Facility

Nursing homes are required to support your right to vote, such as helping you with your absentee or mail in ballot or helping you arrange transportation to drop off boxes or polling sites. Below are some questions you should ask your facility.

### Making sure you're ready to vote:

-  Where am I registered to vote? How can I check?
-  What options are available for casting my ballot? (Voting laws change so make sure to check!)
-  Is this facility a polling place?
-  Who on staff is responsible for helping residents vote?
-  Can I have a person of my choice come and help me vote?
-  Will the facility host forums or invite candidates to the facility so residents can discuss candidates and platforms?
-  Can I vote early in this state?

### If you are voting in person:

-  Where is my polling place?
-  Will I need my ID to vote?
-  What kind of transportation is available to bring me to my polling site?

### If you are voting absentee or mail in:

-  How do I request a ballot?
-  What is the deadline for requesting the ballot?
-  How will I turn my ballot in?

**If you experience any issues with voting**, contact your local long-term care ombudsman program who can help advocate on your behalf. You can find your local ombudsman program here: [theconsumervoice.org/get-help/](https://theconsumervoice.org/get-help/)

**For more information on voting in long-term care** visit our voting webpage: [theconsumervoice.org/voting-rights/](https://theconsumervoice.org/voting-rights/)